



Friends of Kadzinuni

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moving forward aiming high

Registered Charity No. 1098881

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Summer Newsletter

July 2008

"Let me throw hot greetings through my wireless phone via this white paper and say Jambo".

*Janji D Herzon
Kilifi Township Secondary School
May 2008*

This delightful message was the introduction to a letter we received from one of our "Class of 2006" students. Now in his 3rd of 4 years Janji is doing well and his lovely writing style is quite typical. We hope you enjoy this packed edition. Thanks to all supporters and remember that Kadzinuni is a success story, we are improving lives and helping to bring about lasting change. Remember to check out our website, www.kadzinuni.org.uk

Coast to Coast Success!

Huge congratulations
to Ben, Paul and Nick
(and also "28 mile James")
85 miles in 22 hours 45
minutes and over
£5,000 raised!

Simply astonishing!



Also in this edition.....

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Student Scheme update

Since January 2008 we have been supporting 35 Kadzinuni children to attend state secondary schools across Kenya. Many sponsors have kept us up to date as letters have arrived from their student and although we can't guarantee that letters will arrive it seems that in most cases this is happening. It helps us monitor the scheme if sponsors can let us know when letters arrive then we can get our partners in Mombasa to remind the children and their parents who are not sending the letters.

Our target for the Class of 2009 is a high one, to have sponsors for 15 new children taking our total to 50. So far we have 9 arranged. It only costs £12 a month (if the sponsor Gift Aids the regular donations). This covers school fees plus bed and board costs as almost all these good state schools are for boarders only. The secondary school course lasts 4 years taking the students from about age 15 to 19. This opportunity is creating the foundations for Kadzinuni to grow more and more self sufficient as these well educated young people emerge as economically active citizens.

The competition for the places we fund is intense and over recent years Kadzinuni Primary School has become one of the best schools of its type in the Coast Province. The chance to attend secondary school is driving up standards year on year.

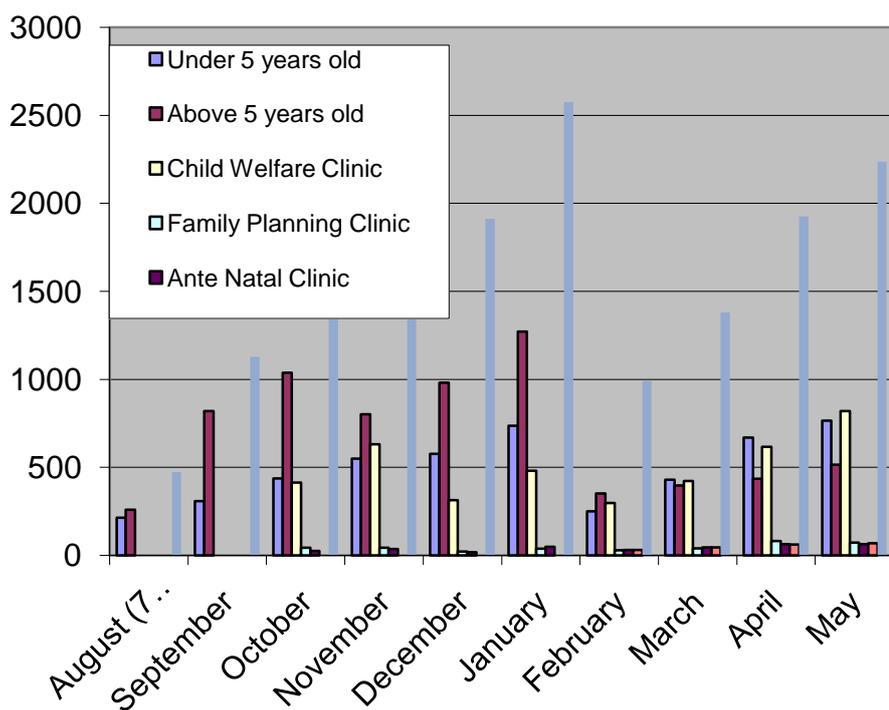


So, here is another short extract from Janji's letter....

"I got grade C+ which was not my dream, but this term I will fight tooth and nail to improve... I am promising you that I have to learn for a reason. I want to become an important person in my family and at the village at large. Let God bless your country, your family and other sponsors. Let the plans you are planning be successful."

Clinic Update.....

After just over 9 months clinician nurse in charge, Kennedy Ngala, assisted by village volunteers has now undertaken over 16,600 appointments at Kadzinuni. A truly amazing workload. In addition he has started further training to extend his qualifications! The chart below shows the numbers of consultations month by month with an increasing focus upon prevention of transmission of HIV from mother to new born child. The child development activities are helping to develop parental understanding of how children's health can be improved through monitoring, good nutrition and basic health education. We are still awaiting more news on plans to build and equip a 12 bed day ward. Plans have been held back due to the political crisis following the presidential elections back in December. However, life is slowly returning to normal with a new power sharing coalition government in place.



School Bags for Kadzinuni!

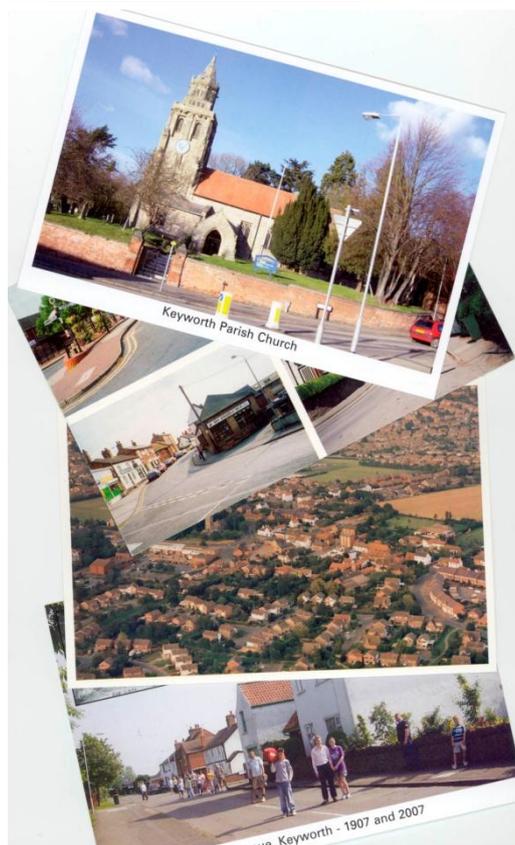
School bags for Kadzinuni is a very special project for 2008. If they are lucky the children at Kadzinuni take their pen, pencil and books to school in plastic carrier bags. This year we are going to provide every student with a very special school bag. A tough draw string design will carry on the outside the name of The Friends of Kadzinuni with our Giraffe logo PLUS the name of the organisation whose members have sponsored the bag. So far we have gained sponsorship for over 600 bags. The extra special bit is that every bag will contain a message (and hopefully) a photo of the donor! Once delivered the bags will be filled with pens and pencils. Each message will be written on a picture postcard (kindly donated by Brian and Mary Lund of Reflections of a Bygone Age). We are still seeking some more organisations to join this scheme and we will be selling bag sponsorship at the Keyworth Show, where you will be able to complete your message on the card. See you there and bring £3 for your special Kadzinuni School Bag.

You can sponsor one or more bags via our website which links to Elaine's Justgiving page set up especially for this project at www.kadzinuni.org.uk/schoolbags.htm You can make your donation this way using virtually any debit or credit card, it's quick and secure. Alternatively you can contact us direct by email or 'phone to make your donation or use the simple form included in this newsletter.

"Reflections of a Bygone Age" run by Kadzinuni supporters Brian and Mary Lund of Keyworth has generously donated 1,000 picture postcards that we will use to carry the personal messages to Kadzinuni families as part of our School Bags project.

Each bag sponsored by individuals and organisations will contain a post card with a message and in many cases a photo of the donor, bringing the communities even closer together. Our thanks go to Brian and Mary for this generous gift.

So far 4 local organisations have pledged to sponsor 100 bags each plus over 100 bags sponsored by individuals, so we are halfway to our target!



Sponsor a bag £3
at the
Keyworth Show
12th July



Coast to Coast Report

What an amazing midsummer day! On Friday evening our three intrepid runners arrived at Wallsend near Newcastle – all having done a full day at work, and prepared to set off on the 85 mile trek that is Hadrian's Wall Path. Ben Waite, Nick Turnbull and Paul Watson had been training for months and now the moment of truth arrived. Supported by Ben's wife Sarah plus Nic, Elaine and Daisy Sellar the three set off at 20.45 heading due west. The first scheduled stop was over 7 hours away up in the hills above Hexham.

Ben explains... *The first 10 - 15 miles were running along the river through Newcastle and Gateshead and we were quite lucky in that the local party goers were still a few drinks short of giving us too much stick and only one local tramp chucked in the ever so funny "run Forrest run" line. The dark eventually descended and as we entered the countryside the head torches came out and it was a good job as even with them we almost fell into the river. Once away from the river when we had to actually read the maps it became clear that if we were to ever get to the end myself and Nick had to play no part in our route finding as mostly we were not even on the correct map but Mr Watson did very well and kept us on track through the night. The only down turn was at about 25 miles when the groin strain I have been hampered with flared up. A few Ibuprofen and some encouragement from the lads got me going again and in what seemed no time at all the sun was starting to come up and we were at our first check point.*

The support team headed off for a hostel called The Old Repeater Station close to the first checkpoint at about 35 miles. A couple of good local beers and off to bed until 3.45am. Sarah was so pleased when the phone call came bang on time; we were to find some hot coffee and get to the rendezvous at 4am, arriving just as the lads came trotting into view through the early morning mist! A great sight!. Ben continues ... *After about 20 minutes of frenzied feeding and restocking drinks we set off again (myself) happy in the knowledge that the worst of the hills were over (they were not). Not long before the stop I used all my climatological knowledge and stated that the weather looks great and I think we have hours of nice weather to run in. 20 minutes later we are in thick fog and due to the only map reading error of the entire journey we ended up running 90 degrees away from the path in the fog into and through a marsh. A quick correction got us back on the right route and other than now having soaking wet feet we had only lost about 20 minutes so no real harm done. The next 18 miles were pretty spectacular as the fog lifted we saw the main sections of the wall that are still complete (we even stopped to get pictures of the Robin Hood Prince of Thieves bit) and even ran along the wall for a while. Spirits were high, the weather was good, we were making great time and although the hill climbs were endless we all seemed to have plenty left in the tank. The long run in to the 51 mile point and stop 2 hurt a bit but we got there in just under 12 hours and were ready for some more food and a little sit down.*





Life then started to get rather tough! Once again Ben explains.... So in a short 5 mile section we put the pedal to the metal and made the distance in under an hour in time to meet my brother in law who was going to give us a bit of energy and accompany us for the last 28 miles.

Now it is fair to say that he did us a great service in helping us get to the end but things did all go wrong about 2 miles after he joined us. At 58 miles my right knee went, no idea what was wrong but I could no longer put any pressure on it and had to walk as fast as I could, then Paul turned his ankle and then the rain came. The warm and cheerful people we had been were soon very cold very wet miserable people myself and Paul had foolishly left our jackets and hat in the car at the last stop and as a result were treated to 5 hours of shivering misery. The journey to the last stop felt like eternity with the maps lying about distance (it seemed) and progress being very slow.

From this point on we knew things were going to very hard. As we drove down through Brampton towards Carlisle we felt mixed emotions; so far so good, but would their bodies hold out? These are not hardened endurance athletes and it was beginning to hurt. Whilst we met up with Ben's Mum and Dad and young nieces at Carlisle, the torrents of cold rain fell, it was horrendous and we were amazed as they came into sight just a few minutes behind schedule.

The next 25 minutes were awful, clearly in some pain and exhausted the emotions ran high as we dried them off, warmed them up and chucked them out into the cold and wet; just 14 miles to go lads, see you for a pint shortly! Painful times as Ben describes.... People are not so happy now. We knew the last 14 miles stretch would be a painful toil but it was far worse. The wind picked up and we were soon soaked to the skin again and shivering uncontrollably, as Paul and me could still not run we could not get warm and just got colder and colder. James was a great help from this point on, freezing cold himself he kept our spirits up and helped us maintain a pace that would get us finished in under 23 hours.

This is where the support team also got to work, constantly checking on the condition of the lads, dispensing hot drinks and food as they ticked off each mile in quite horrendous conditions for midsummer. By the end it was barely 7 degrees and strong squalls of wind. By now our concern was their welfare, did they know their limits? Would we need ambulances? At 7.30pm (22 hours 45 minutes from the start) they finally arrived at Bowness-on-Solway. Ben sums it up well.

Soaked, freezing cold, drained, sleep deprived and in pain but HAPPY.....and over £5,000 raised for Kadzinuni. Simply awesome!



Newsbits.....



Crossdale Drive 10k and Family Fun Run

This year we are hugely grateful to the organisers of the Crossdale 10K who have chosen to support Kadzinuni selecting us to be beneficiaries of the Family Fun Run.

You can enter online using the link below

<http://www.crossdale10k.co.uk/>

or navigating to it from our own website.

www.kadzinuni.org.uk

The run takes place on Sunday 21st September and we'll be there promoting our projects and shouting home the runners!

Crossdale Drive Primary School in Keyworth has been involved with Kadzinuni from the very beginning in 1998, with Head Teacher, Chris Conway being one of our founding trustees. Chris retires at the end of 2008 and we wish him good health and great fun in the next stage of his life.

IB Students at South Wolds

A huge thank you this spring goes to Anna-Joy Peaston and Emma Chilvers, International Baccalaureate students at South Wolds Community School in Keyworth. In May they held a fund raising day at school and gathered in over £800. The funds are to be used to pay for 2 years secondary education for 2 Kadzinuni students Rensom Shume and Mwatari Wallace who started their 4 year course in January this year.

Our Annual Report

We will shortly be publishing our Annual Report and are delighted to find that in the Financial Year 2007-08 we raised over £23,000. If you would like a copy see us at the Keyworth Show or email to friends@kadzinuni.org.uk

justgiving[™]



Back in April we teamed up with justgiving so that we can now provide online donation options for much of our work. We trialled it with Coast to Coast and will try to make most of our schemes available this way. Ideal for people who we see less often their services cost us very little and are very secure for use of virtually any debit or credit card. We receive donations very quickly and they even claim back the Gift Aid on our behalf further saving our administration so we can concentrate on more productive work.

A few weeks ago we received this report from our partners, the Inner Wheel Club of Mombasa. We have provided some of the capital used in the Micro Finance scheme.

Report on Micro Finance The Village of Kadzinuni 2006 - 2008

There are two groups in the Village of Kadzinuni. The first one is **The Inua Nyumba Group** consisting of 21 women. The amount loaned to them is Kshs.150,000/=. To Start with 15 women were given 10,000/= each for 2 terms and they build up their small enterprises and returned the loan as scheduled. At present 2008, 5 women are on their 3rd loan. This time of Ksh.30,000/= each. After making their profit, they return 2,000/= per month.

They are:

- 1) Mbodze Mazungu – Buys Dry Maize from Kilifi and sells in Kadzinuni
- 2) Joyce Kombe – Sells lessos (wrapping cloth) in the neighbouring villages
- 3) Paula Mazungu – owns a kiosk in Kilifi
- 4) Mary Dixon – Buys fish from the beach, cooks and sells
- 5) Salome Taura – Buys dry maize from Kilifi and sells in Kadzinuni

The Second Group is the **Utu Dawa Group** consisting of 16 women. The amount loaned to them is kshs.50,000/= starting in September 2007 The first five women from the group have been loaned kshs.10,000/= each

They are:

- 1) Mnyazi Erick – She sells Makuti Sheets and Vegetables.
- 2) Anzazi Gambo – Buys Bags of Potatoes from the Kongowea Market and sells in Kadzinuni
- 3) Glaries Chidema – Buys Coconuts and Mangoes in Kadzinuni and sells at the Kongowea market
- 4) Ester Malimu Kombe – Sells meat (beef) and Coconut oil
- 5) Halinda Lewa – Sells lessos (local wrapping cloth) and buys Kerosine from Vipingo and sells in Kadzinuni

By Papi Oberoi
President 2006-2008

In addition to this marvellous and highly successful work, the Inner Wheel Ladies purchase locally and distribute some of the Ethical Gifts we donate. In April two sewing machines and 21 goats were delivered! So, to all who donated we say thank you, we hope you enjoy seeing the evidence of your gift and hope that this coming Christmas we can again see many more gifts like this heading out to Kadzinuni.



Papi Oberoi and Chhani Sur deserve great thanks for all they do at Kadzinuni both on our behalf and in their own right. They are really part of the community and are loved and welcomed at Kadzinuni by all.

Boots for Kadzinuni!

The kids at Kadzinuni love football. With support from The Friends of Kadzinuni they now have school football



kit so they step out on to the pitch with pride. Football boots are a luxury out of reach for them due to the cost and their pitch located so close to the equator is very dry and hard.

We urgently need used, but good condition football boots of all sizes to send out to Kadzinuni.

We have stocks of Christmas cards, both designs, **The Kadzinuni Christmas Goat** and **The Kadzinuni Christmas Tree** should you wish to buy early for 2008 and of course our Ethical Gifts are suitable as a gift at any time of the year. You can see the catalogue online at <http://www.kadzinuni.org.uk/matuza.htm>

christmas cards

The Friends
of
Kadzinuni



UK Registered Charity No. 1098881

MOVING FORWARD, AIMING HIGH!

Charity cards with 100% of what you pay going to
the front line!

Design 1.

The Kadzinuni Christmas Goat!

This image was taken on February 20th 2007 at Kadzinuni, much to the amusement of the local family! It was a three person operation, one to catch and hold, a second to distract it, the third to take the photo!

For both designs 10 x 15cm, glossy finish.
Inside a simple message,

Seasons Greetings

£4.60 pack of 8
£8.20 pack of 16

Card orders cannot be
Gift Aided



Choose Design 1. Design 2. or mixed.



Design 2.

The Kadzinuni Christmas Tree!

This image was taken on February 24th 2007 at Kadzinuni. These lovely village people really enjoyed being the decoration around the big tree trunk, the huge Mango tree sits next to the school.