



Friends of Kadzinuni

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moving forward aiming high

Registered Charity No. 1098881

Hon. Patron Joanna Lumley OBE

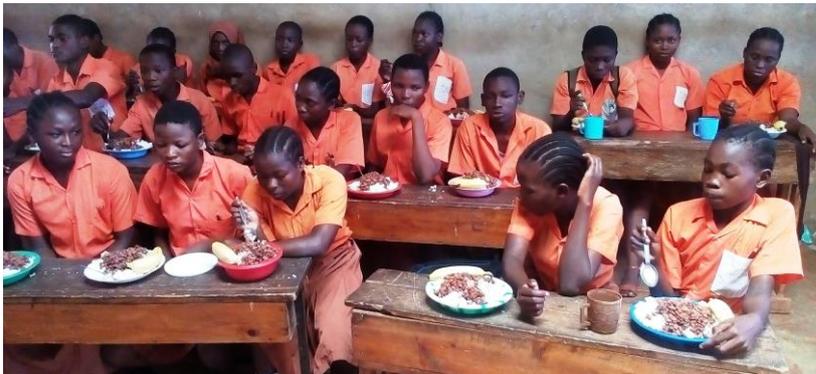
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WINTER NEWS 2018/19

Welcome to our Winter 2018/19 newsletter.
Inside you can read about...

- **A fantastic Medical Camp at Kadzinuni**
- **Latest Keyworth visitors at Kadzinuni**
- **Meeting with our Honorary Patron Joanna Lumley OBE**
- **Ongoing efforts by our partners from Exeter University to scale up the production of BioChar for soil improvement.**
- **Great local fund raising in Keyworth from Feargus the Musical**
- **Update on our Student Sponsorship scheme**
- **Feeding Programme for examinations**
- **2018 Cottee Cup football tournament**

**"Feargus the Musical"
creator Brian Lund hands
over the £650 donation to
Friends Co-Founder
Elaine Seller**



**Exam entrants
enjoying a
healthy lunch
during Exams
Week
November 2018**

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Medical Camp at Kadzinuni – December 2018

The poster shown here pretty much tells the story of this event which took place on Sunday 2nd December. Organised by our brilliant partners, the Rotary Club of Bahari Mombasa and supported by a donation from The Friends of Kadzinuni of £600 which had been raised earlier in the year by the Kadzinuni Kafé at Keyworth's Garage Sale Safari. This multi-agency collaboration is something that the Rotary Club excels at, this year under the leadership of Dr Chhani Sur, our close friend now for nearly 20 years.

Events like this are run four times a year by Rotary alongside other local civil society organisations and charitable trusts bringing together many healthcare professionals at villages in the coastal province of Kenya.

Hundreds of local people attended the camp and you can see and read more about it direct from Tim & Debbie Grant below and on the following pages.

			
EYE, DENTAL, DIABETES, BMI, BP CAMP, JIGGERS TREATMENT & ENVIRONMENT PROTECTION AT KADZINUNI PRIMARY SCHOOL ON SUNDAY, 2nd DECEMBER, 2018 REGISTRATION FROM 8AM TO 10AM CAMP CLOSSES AT 1 PM.			
	EYE EXAMINATION, DISPENSING OF MEDICINES & READING GLASSES @ KSH. 50/= ONLY FOLLOWED BY CATARACT SURGERIES BY LIONS CLUB OF MOMBASA PWANI		
DENTAL SURGEONS	DENTAL EXAMINATION & EXTRACTIONS BY DENTAL SURGEONS.		
	BMI {BODY MASS INDEX} DIABETES & BLOOD PRESSURE CHECK THE AGA KHAN HOSPITAL, MOMBASA-BOFA KILIFI MEDICAL CENTRE		
	DISTRIBUTION OF FOOD & OTHER ITEMS TO PATIENTS ATTENDING THE CAMP		
SPONSORS			
SIR YUSUFALI CHARITABLE TRUST		JAFFER FOUNDATION	
MAMUJEE BROTHERS FOUNDATION		FRIENDS OF KADZINUNI	
ALL SERVICES ARE FREE COME AND BE SERVED FOR A HEALTHY YOU			

Visitors to Kadzinuni from Keyworth

Two long term supporters of our work at Kadzinuni visited Kadzinuni on Sunday 2nd December to see the medical camp in action, which we funded through a donation from Tim & Debbie earlier in 2018. In addition to that they have met two of the secondary school students, they have supported in previous years, along with the students' families. That was a very special occasion.

Here are some photos and words direct from Tim & Debbie, received just hours after their visit.

Yesterday Deb and I had the privilege of spending the day in Kadzinuni. Our visit was organised to coincide with one of the regular medical camps organised by the Rotary Club of Bahari Mombasa. All your money from our Kadzinuni Kafe last June went to support the camp and paid for about half of all the expenses.

Medical professionals gave their time freely. There were four areas. An eye clinic did check ups; gave out subsidised reading glasses and took patients to Mombasa for cataract operations the next day. Dentists did check ups and extracted teeth there and then, no aesthetic! General medical checks were done for blood pressure, BMI and blood sugar levels and then there was the jigger treatment. Jiggers are fleas that live in the dry earth in the local houses. They burrow into feet without shoes (mainly kids) and lay eggs. Untreated they will cause deformation of the foot.

It was lovely to meet Lilian and her mum, our second sponsored student and the mum and sister of Labour, our first sponsored student who is at University.

Kadzinuni is about 40 mins north of Mombasa, has a population of about 8000, one very small shop, only electricity in the one primary school and clinic, virtually no running water,

We visited the clinic and talked to the nurse about the problems she faces everyday treating 150 people, planted trees and gave out books on environmental awareness. We met Jonathan the librarian and gave him some gifts and Patrick who does the farmer training.

You can see who Deb and I are in the pictures..... we're the only ones sweating in the heat and humidity....

More from Debbie & Tim on Sunday 2nd December at Kadzinuni

These brilliant photos and comments perfectly describe their experience at Kadzinuni...



A long line waiting for treatment



Blood Pressure Clinic



Rotarian Dr Varinder Sur, Tim and Nurse Zipporah in Kendrick's Clinic Office



BMI checks

The battle against Jiggers...

First stage of the jigger treatment. 15 mins in a water/hydrogen peroxide solution. After this the jiggers are removed with a scalpel. Then the foot is disinfected and finally covered in Vaseline. The jigger breathes through a tube and any remaining jiggers are thus suffocated. They are given a pot of Vaseline and told to put it on every day. Some kids won't wear their shoes!!!! Many don't have shoes/flipflops. Babies become infected on their knees hands and elbows. The house is also fumigated. This was the most upsetting to watch. Not a peep from the kids being treated.



Stage 1 - soaking



Stage 2 - After soaking the feet are cut with a scalpel to extract the jiggers.

More from Debbie & Tim...

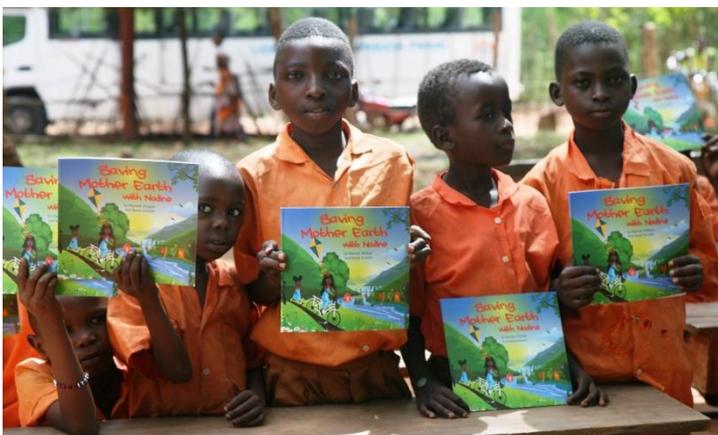


Building a sustainable community – planting new trees.

Left to right... Community Agriculture leader Patrick Nyambu, Bahari Rotarian, Tim, Lillian (student, see more below) Bahari Rotarian, President of The Rotary Club of Bahari Mrs (Dr) Chhani Sur, Bahari Rotarian, Debbie, Community Library Volunteer Jonnathan Kalama.

Patrick has been the brilliant organiser of the Kadzinuni Farmer Education project which we have supported for over 5 years training 30 Kadzinuni people in improved farming methods. His mission has also been to reverse the deforestation of the village. Over the last 8 years or so thousands of trees have been planted providing food, fuel and building materials. This is an ongoing process to increase sustainability and tackle food security.

The Rotarians of Bahari Club have been our partners for nearly 20 years, providing essential skills and local knowledge. They are true activists working with many communities in the Mombasa area.



Education is a weapon... it fights poverty, intolerance and disease AND creates young minds to focus on creating a sustainable world! As Debbie says...

“Kids being given a book in English about environmental issues in the eyes of a young girl. The books were then given to Jonathan for the library to lend and as a teaching resource for the school”.

More education stories

For 12 years The Friends of Kadzinuni has been supporting local children to attend good Secondary schools through our Bursary Scheme. Not for the first time our supporters have been able to meet up with the students and families that they have supported, some building long term relationships. Tim and Debbie have supported two students over the last 4-5 years and managed to meet one of them and the family of the other at Kadzinuni.



As Tim writes

“Here is the Mum and Sister of Labour Tingu Gambo (our first sponsored student, now away at University). It was so lovely to meet them. Neither spoke English so Jonathan helped with the translation. You can't underestimate how life changing high school can be for these kids and more importantly their whole community.”

“Deb with our second sponsored student Lilian. Lilian is coming to the end of high school and hoping to train as a nurse. We really hope she makes it”



Since 2006 over 130 Kadzinuni children have been supported through secondary school and three supported through University. Our focus now is on creating a permanent source of Bursary funding for Kadzinuni that we hope will see between 20 and 30 Kadzinuni students supported each year FOR EVER! Donations made in the UK to our capital fund, invested on our behalf by our Rotary partners in Mombasa is growing year on year such that from 2020 we expect to reach our target. Africa needs more young well educated socially responsible leaders in all walks of life. Back in 2007 Dr Varinder and I shared a vision with the people at Kadzinuni on the day that we celebrated the opening of Kendrick's Clinic; we said... “Wouldn't it be great if a future President of Kenya should come from Kadzinuni?” Some laughed, some looked puzzled. My answer was “Why not?”

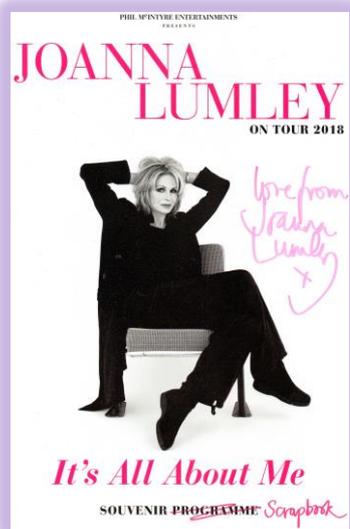
Just months later the grandson of Kenyan farmer was elected as President of the United States of America!

Many thanks to Tim & Debbie Grant for their brilliant support of our work at Kadzinuni over many years and for all the wonderful images and words from their visit.

How things have changed; after our first visit back in 1999 we had to fly home, take the camera films to be developed and printed then sift through and scan the best pictures to use. How amazing it is now to have received the pictures and comments overnight and then to be able publish within 24 hours!

Meeting our Honorary Patron

On Friday 19th October we were delighted and enchanted to visit the Royal Concert Hall in Nottingham to see Joanna Lumley's one woman show "It's all about me!"



Whilst the show itself was brilliant the evening was topped off later as Joanna had invited us to see her backstage. Following collisions of bodies, tight hugs and kisses we were able to update Joanna on developments at Kadzinuni and thank her for her continued inspiration and support, all helped along by a couple of glasses of fizz!

Joanna has been with us on our journey since 2002! The gift of her support and wonderfully supportive and kind messages have, we are sure, helped us fulfil so many great projects which have and continue to assist the people of Kadzinuni to become more self-sufficient and more economically active.

BioChar – our collaboration with the Enactus Students at Exeter University

Thus far this project has been fairly low key as we looked to prove the technology of building a using a BioChar furnace at Kadzinuni to produce this amazing form of charcoal, not from wood but from agricultural waste. The objective next is to scale up production to enable BioChar to be used as a soil improver; increasing yield through enrichment and improved water retention in the soil. The next stage will involve a group of three students visiting Kadzinuni in 2019 to learn much more



about the community and discuss the plans to scale up production. The students have already raised some funds to make this trip possible where we are assisting by planning some accommodation and logistical support via our friends at Rotary. They are still seeking some additional funds and have their own JustGiving page. If you are able to support them you can donate via this link...

<https://www.justgiving.com/crowdfunding/biosmart>

There is huge potential for this eco friendly technology to help at Kadzinuni; further enhancing the benefits of the well established Farmer Training programme that we fund each year. Patrick Nyambu, who leads the Farmer Training, is currently testing different levels of BioChar application to the soil to assess the optimum beneficial dose. We await the results later in 2019.

Student Scheme update

Our scheme to build up capital to fund permanent secondary school bursaries for children at Kadzinuni is going very well. We now expect to be able to support at least eight students per year for ever with a significant amount of capital (approx. £10,000) being sent out to our partners in Mombasa, who administer the scheme, by the end of December.

Great local fund raising in Keyworth from Feargus the Musical



In November our local secondary school, South Wolds Academy & Sixth Form hosted a brand new musical, created and written by Brian Lund, a long term supporter of our work at Kadzinuni. It is based on the story of a little known yet hugely influential social reformer of the 19th century Feargus O'Connor. The show with its 17 original songs and music was written by leader of the Keyworth Guitar Club, Brian Lund. Brian and the guitar club have for many years supported our work at Kadzinuni with concerts and Christmas parties down the pub. We were truly delighted to hear a few months ago that the team running the show had chosen The Friends of Kadzinuni to be one of two charities benefiting from the surplus

funds raised over the four well attended performances. The donation of £650 is brilliant!

Here are few photos from this great show which it is hoped will move onto larger venues in or near Nottingham in the future.



Feargus



Students



Show Opening

Feargus photos courtesy of Rob Inglis www.WeddingsRI.co.uk

Feeding programme for KCPE examination candidates



For many years we have been funding a programme to provide breakfast and lunch for all those Grade 8 children at Kadzinuni who take their final examination in October/November each year. This year there were 68 candidates whose ability to attend good secondary schools depends upon gaining good results in these examinations. Coming at

a time of year when food supplies can be limited, ensuring that they are able to sit the exams without feeling hungry is a fundamental priority to us. You can see from the well laden plates and smiling faces how much this means to them.

2018 Cottee Cup



Back in late September we supported the Cottee Cup football tournament, which has now been running for several years, helped greatly by sponsorship of John & Loraine Cottee who spent part of their honeymoon visiting Kadzinuni some years ago. The day is always much more than a football tournament with several teams battling for victory. It is a big community celebration which also is used to promote a specific health or social development cause. In 2018 the theme was Reproductive Health and Education to reduce teenage pregnancies. Our support provided for food and refreshments for the players & referees; prizes of kit and footballs for the winning teams with other player awards also presented. In addition, there was an activity to plant more new tree seedlings by many of the children of the village.



and finally...

We wish all our supporters a very happy and peaceful Christmas



If you like the things we are doing to help at Kadzinuni and would like to make a donation simply visit our website and click on the MyDonate button. www.kadzinuni.org.uk

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With love from all at Kadzinuni!



The Friends of Kadzinuni is a UK based charity supporting Kadzinuni Primary School and its rural community.

Our Honourary Patron is Joanna Lumley OBE

"The Friends of Kadzinuni are proving themselves to be the best friends one could hope for - energetic, generous, understanding, optimistic, far-sighted, good-humoured and full of love. I'm proud to be one of them and to support their ambitions and achievements."

Joanna Lumley

